

ATHLETE GUIDE



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Saint John Trail Running VISIT THE EVENT WEBPAGE

WELCOME TO THE 1ST EVER TRAIL RUNNING RACE AT POLEY MOUNTAIN!

Long known as the local ski hill in the winter, Poley Mountain transforms into a world-class downhill mountain biking destination in the summer. Their investment in summer activities has yielded some fun single-track trail full of unique features for both mountain biking and running/hiking.

The route consists of primarily single-track trail with some extra fun on the ski hill itself at the end of the 13km. Don't worry, you will get lots of encouragement from the crowd at the lodge for your efforts. Most of it is flowy, with a few gut punches along the way for the 13km.

This event is perfect for the whole family. The Fall Festival gives you and your family (with the purchase of a lift ticket) an opportunity to ride the chairlift and get the full panoramic view of the fall foliage.

Thank you so much for your interest and support. We cannot wait for race day!



EVENT SCHEDULE

SATURDAY, OCTOBER 12, 2024

8:00am to 9:30am

Racer check-in and race-kit pickup - 5km & 13km

9:45am

Pre-Race Briefing

10am

<mark>RACE START</mark> 5km & 13km

11:00am

5km awards

12:30pm

13km awards

1:00pm - 5:00pm

Happy hour in the lodge + Poley Mountain Fall Festival



LOCATION

The race takes place at Poley Mountain, in Waterford NB. With the recent expansion into mountain biking, Poley has some of the flowiest trails around.

Click here for directions to the Start/Finish

At the Start/Finish area you will enjoy:

- A full-service lodge with washrooms, restaurant, bar, and good vibes.
- Check-in/Race kit pickup
- Plenty of lawn and deck space
- Post-race Awards





PARKING

There is ample parking on site, just a few short meters from the action. It's recommended to leave your personal belongings in your car, as there will be lots of foot traffic around the lodge. You will have easy access to your car, if necessary. Post-race, you're welcome to change in the lodge.



Poley Mountain is pet friendly and welcomes your on-leash, supervised pets at the following locations:

- Patio
- Hiking Trails
- Parking Lot / Lawn
- Slope Side RV Park

Pets are not allowed at the following locations:

- Chairlift
- Downhill Mountain Biking Trails
- Skills Park



CHECK-IN & RACE-KIT PICKUP

The Check-in & Race-kit pickup will be just inside the wooden fence at the end of the parking lot, right next to the lodge. Check-in is also where you will receive your lift ticket for the day.

5km & 13km Check-in

8:00am to 9:30am





RESULTS & TIMING

IMPORTANT: Please wear the bib on the front of your body. This helps volunteers identify you.

Results will be available online on <u>our website</u> as soon as they are reviewed. Link will be shared on our Social Pages. **At check-in, each participant will be issued a timing chip.** Optimal placement is around your ankle.

Chips must be returned to the timing tent when your race is done.



AWARDS AND SPECIAL PRIZES

Awards will start as soon as the top 3 (Male & female) in each distance are finished. Estimates are as follows:

5km: 11:00am **13km**: 12:30pm

Prizes for the top three in each category are provided by our title sponsor, <u>Outdoor Elements</u>.



MEDICAL SUPPORT

Poley Mountain Ski Patrol team will be on-site to tend to any issues that may arise. **As a participant, if you see something, say something.** In the unlikely event that you come across a safety or medical issue, please inform the next volunteer you see, and we will deploy the necessary resources. **All points on the route have cell coverage.** Please save our cell phone number in the event of an emergency: 506-645-0780.



THE ROUTES

All routes will be clearly marked with flagging and signage. Volunteers will also be stationed at specific spots. Most of the routes consist of single-track trail with some extra fun on the ski hill itself at the end of the 13km.

5km Route: View Strava segment

- **UP** 'Climb Trail' AID STATION
- **DOWN** 'Huckleberry' to the finish

13km Route: <u>View Strava segment</u>

• UP 'Climb Trails'

AID STATION

- **DOWN** 'Huckleberry'
- **UP**: 'Balistic' and across to 'Bear Necessities' at the top

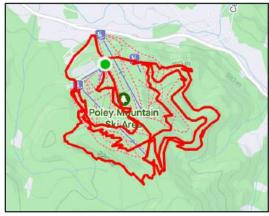
AID STATION

- **DOWN** 'Fox Trot'
- UP 'Huff & Puff'

AID STATION

- **DOWN** 'Goat Path'
- DOWN Wheeler trail and driveway to Quad Chair
- STRAIGHT UP: Ski hill to top of the 'Chute'
- **DOWN** '99'
- **RIGHT** On 'Tribute' to Finish







AID STATION

The summit aid station will be located near the top of the Alpine Chair, which sits at roughly 150 meters. Both distances will pass this aid station. For the 5km, it will be once. For the 13km it will be three times

This is a cup-less event, so please bring your own vessel.





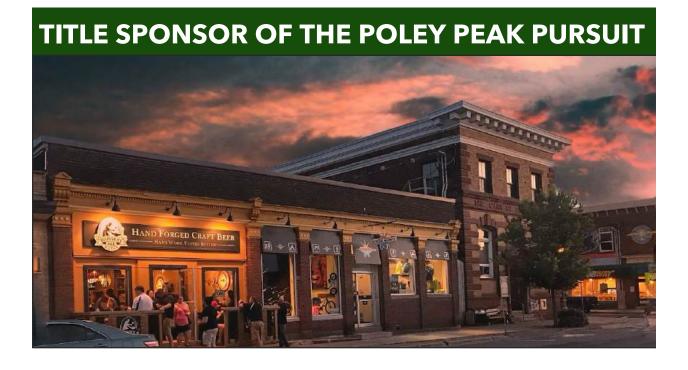
POST-RACE

The restaurant and bar will be open with happy hour pricing. Grab a drink and some food - You deserved it! Visit the vendors that are part of the Poley Mountain Fall Festival. The chair lift will be running if you'd like to visit the summit tower to check out the foliage.



A BIG THANK YOU TO OUR SPONSORS!

For us it is important to work with companies and causes that believe in what we do and are passionate about their community. **We can confidently say that our partners are those type of people!** Read more below, and please consider supporting them in any way you can. It's easy when you're working with some of the best!



For owner John McNair, **Outdoor Elements** isn't just a brick-andmortar store. It's a dream that became a reality, a brand that embodies working hard, playing even harder, and inspiring others to do the same. It's the spirit of adventure, a passion for the great outdoors, and an awesome team of people that helps keep it rolling.

Poley Mountain is John's second home, so it was a no-brainer when it came to supporting the first trail running event at his home hill.

LEARN MORE



PARTNERS OF THE POLEY PEAK PURSUIT



At **Stoke Resorts**, we're not just hoteliers; we're dreamers, adventurers, and nature enthusiasts. Our journey began with a simple childhood dream to own a slice of paradise next to our beloved local ski resort.

Today, that dream has blossomed into Stoke Resorts, a testament to our passion, dedication, and love for the great outdoors.

Our team, made up of fellow adventurers, is committed to ensuring that every guest experiences the magic we felt as children.

BOOK NOW





The Chasing Trails Podcast is a podcast for the everyday trail runner. Chasing Trails was created and is hosted by two lifelong friends that wanted to share some of the everyday trail running joys and struggles that we all face and to have a lot of laughs along the way.

With a down to earth relatable feel and local running scene focus Chasing Trails always brings a unique perspective to the trail running podcast scene. Sprinkle in a healthy dose of great special guests and some great discussion and you have a podcast that can help you pass the time as you keep chasing the trails.

LISTEN ON APPLE PODCASTS

LISTEN ON SPOTIFY





Hey there! Let me introduce you to **Made with Local** - the planetfriendly, socially conscious, gluten-free real food bar company that'll become your snacking sidekick! Hailing from beautiful Nova Scotia, Canada, we are known for turning nutritious nibbling into a flavourpacked fiesta while being kind to the Earth.

With our commitment to using fresh, locally sourced ingredients, we've got your taste buds doing the happy dance. Made with Local isn't just about bars; it's about redefining snack time and giving back. When you're on the move or need a quick bite, these bars have your back. Supporting local farmers and producers while indulging in these goodies makes it a triple win for your taste buds, the community, and the planet. Go on, join us in this snacking adventure, where every bite is a step towards a better world!

SHOP NOW



FRIENDS OF THE POLEY PEAK PURSUIT

A special shoutout our friends, who will be providing some extra goodies for the race. Some true Sussex staples right here:



RACE DIRECTOR CONTACT



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